



## Card 12: Right way of hand washing

### QUESTIONS

Q1: What do you see on these images?

Q2: What do you think about these images?

### KEY MESSAGES TO REMEMBER

Hand washing steps:

- Wet both hands with water
- Apply soap on all parts of both hands
- Rub the palms together
- Rub both hands' backs as well
- Interlace hands to clean between fingers
- Also clean up the nails
- Rub thumbs and wrists
- Rinse with flowing water



